

Winter 2010

Perspectives
Counseling
Centers



On the E.D.G.E.

TROY

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JOIN US FOR A MUST-SEE FREE SEMINAR!!!!

THE SEXTING SOCIETY *ADDRESSING THE GROWING TREND OF SEXUALIZED, WIRELESS COMMUNICATION WITH OUR YOUTH*

YOU WILL LEARN...

- *WARNING SIGNS & INTERVENTIONS FOR SEXTING BEHAVIOR**
- *PROFILE OF A TYPICAL "SEXTER"**
- *CONSEQUENCES & AFTERMATH OF SEXTING**
- *LEGAL, EMOTIONAL, AND SOCIAL STIGMAS ASSOCIATED WITH SEXTING**

PRESENTED BY

DANNETTE HENLEY MA, LPC

&

MARY JOHNSON-PALAZZOLO, LMSW



FRIDAY MARCH 5TH, 2010

9AM-12PM

PERSPECTIVES COUNSELING CENTERS—TROY

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GROUPS ARE POWERFUL

GROUPS for all ages

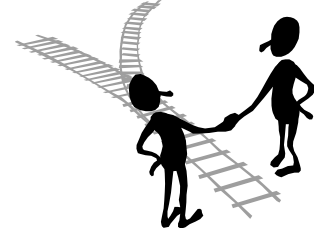
Together finding solutions!

CHILD GROUPS

The Social Skills EDGE

The ADHD EDGE

The Anger EDGE



TEEN GROUPS

The Cutting EDGE

The Self-Esteem EDGE for girls

The Anger EDGE

The Social Skills EDGE

The ADHD EDGE

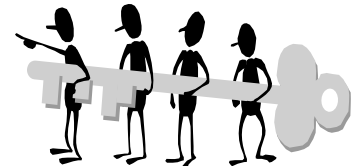


ADULT GROUPS

Codependency Group for Women

Substance Abuse Groups

The Young Woman's EDGE



Refer Now at 248-244-8644

Perspectives Counseling Centers

TEENS AND TECHNOLOGY



Surely most adolescent professionals have confronted questions related to social technology, especially cell phones and social networking sites. Many teens ask for their own phone, text messaging services, and a facebook page: many parents come to us asking if we think this is appropriate. One debate includes arguments that these modes of communication are exciting, engaging, and epoch. Others say giving a cell phone to a child provides a sense of security—"Then I will know where she is at all times." Still others contend social technology is dangerous, opening the door to harmful contacts and breaches in privacy and protection. So how do we as professionals answer this common and important question?

Each situation and teen is too different to determine when he or she is ready for access to the above. There may not be a right or wrong answer. Our role, therefore, is to provide education that helps parents make informed decisions and children learn safe practices. Everyone agrees kids need to be carefully monitored but not everyone knows how to monitor a boundless Cyberspace.

When considering cell phone use, be aware of the products available. Several companies have created phones with young children in mind including Verizon Migo, Disney Mobile, Cingular Firefly, and TicTalk by Enforma. These devices determine what calls are allowed in-and-out as well as setting limits of use, especially during the school hours and after bedtime. Most importantly, these devices let parents know when a child sends a text or picture message.

Social networking websites include Facebook, MySpace, Black Planet, Twitter, Bebo, and more. These are sites set up for people to connect, share photos, ideas, and information. They were originally created for older teens and young adults, but research confirms young children are logging in daily. Though there are age limits, setting up an account is as easy as lying about your birthday. If young children sign on, they need to understand sometimes complicated and ever changing privacy settings. Parents need to know that some children and teens have two accounts, the one they let you see and another they keep secret. Encourage parents to keep computers in areas that are easily viewed. Monitor use with the help of software like Net Nanny (also works on cell phones), Safe Eyes, and CyberPatrol. If parents feel conflicted, as if they are spying on their children, remind them that ALL information sent is placed in a public domain; None of their information is therefore "private."

Cyberspace is a world, full of enriching information and experiences. Like all things, we want to capitalize on the good and defend against the dangers. We, as professionals, are responsible to know what's out there, how children and teens are communicating, and guide them towards using technology for the enhancement, not detriment, of their social experiences.

Geraldine Reyes, LMSW is a seasoned clinician who specializes in working with children and adolescents at Perspectives Counseling Centers. She has had specialized training with children who have experienced trauma and has a wealth of knowledge as well as experience in working with children who struggle with anxiety, depression, and academic performance.

Perspectives
Counseling
Centers

2 locations to serve you

888 West Big Beaver, Suite 1450
Troy, MI 48084
248-244-8644

4151 17 Mile, Suite D
Sterling Heights, MI 48310
586-268-6712
www.perspectivesoftroy.com

25
YEARS
OF
HELPING OTHERS

*WHERE OUR SPEAKERS BUREAU HAVE BEEN
in the recent years...*

- TROY SCHOOL DISTRICT MIDDLE SCHOOL TEACHERS
- MICHIGAN ASSOCIATION OF DRUG COURT PROFESSIONALS
- OAKLAND SCHOOL COUNSELOR LEADERSHIP INSTITUTE
- MICHIGAN SCHOOL COUNSELOR ASSOCIATION ANNUAL CONFERENCES
- THE FIRST CONGREGATIONAL CHURCH OF ROYAL OAK
- ETON ACADEMY
- MENTAL HEALTH AUTHORITY FOR MICHIGAN
- MACOMB INTERMEDIATE SCHOOL DISTRICT HEAD START TEACHERS
- PK CONTRACTING
- MANOOGIAN SCHOOL
- ST. THECLA CATHOLIC SCHOOL
- SURVIVORS OF SUICIDE ANNUAL CONFERENCE
- TROY TOWN HALL MEETINGS
- TROY HIGH SCHOOL CLASSROOMS
- DUNKLE MIDDLE SCHOOL 8TH GRADE GIRLS
- HEALTH MANAGEMENT SYSTEMS ASSOCIATION
- ROCHESTER SCHOOL DISTRICT SCHOOL SOCIAL WORKERS
- TROY COMMUNITY COALITION
- PSYCHOLOGISTS IN THE ROUND AT ROEPER SCHOOL
- WEEKLY WMUZ RADIO SHOWS
- OLD REDFORD ACADEMY
- TROY HIGH SCHOOL TEACHERS

- BOULAN MIDDLE SCHOOL
- CLARKSTON COMMUNITY CHURCH
- CELEBRATE RECOVERY AT WOODSIDE BIBLE CHURCH
- APOSTOLIC CHURCH OF AUBURN HILLS
- MACOMB INTERMEDIATE SCHOOL DISTRICT SCHOOL PROFESSIONALS
- LAKEVIEW HIGH SCHOOL STUDENT BODY
- MOTHERS OF PRESCHOOLERS GROUPS
- CATHOLIC ASSOCIATION OF SCHOOL COUNSELORS
- KENSINGTON COMMUNITY CHURCH
- OAKLAND UNIVERSITY STAFF
- DEPRESSION AND BIPOLAR ALLIANCE
- WARD PRESBYTERIAN CHURCH
- BLOOMFIELD BIRMINGHAM COMMUNITY COALITION
- BIRMINGHAM SCHOOL DISTRICT PROFESSIONALS
- MACOMB COUNTY SCHOOL SOCIAL WORKERS
- OAKLAND COUNTY SCHOOL SOCIAL WORKERS
- ZION CHRISTIAN CHURCH
- HADLEY COMMUNITY CHURCH
- CHRISTIAN ASSOCIATION OF PSYCHOLOGICAL STUDIES, MICHIGAN CHAPTER

