



Perspectives Counseling
CENTERS OF MICHIGAN

Transitioning From High School to College - Teen Group



A 6-week in-person group for teens focusing on providing them the necessary tools to succeed in college.

Led by Diana Jennings, MS, LLP, Clinical Director
co-facilitated by:
Quanesha "Q" Johnson, intern and William Hove, intern

Participate in fun activities and workshops to learn:

- goal setting
- good study habits
- organizational skills
- balance and wellness techniques

Thursday afternoons from 2:00–3:00pm

Starting July 18, 2024

6-Week In-Person Group

For all teens ages 15–19

Perspectives Counseling Centers – Troy Location
888 W Big Beaver Rd Ste 1450, Troy, MI 48084

Register today at (248) 244-8644
or stop by the front desk

Cost: \$5